



## **SYLP 2011 Camp Evaluation – Saturday, July 23, 2011**

### **HEAD: What skills have you learned today as a result of SYLP camp?**

- Trust (7)
- Motivation (2)
- Active listening and networking partnerships
- Communication is very important (3)
- Got to be active
- You got to know how to balance
- To listen (5)
- Participate
- Respect
- To talk to people I don't know
- How to share overcoming fears
- Team work (3)
- Trust is very important and hard to find
- Communication is the key to success
- The large number of students who face terrible life challenges and have no one to turn to
- Leadership (2)
- Control
- How to open up
- Support from others
- If you can work as a team you can accomplish many things
- I learned to open up more and take in what other people have to say
- It is good to overcome your fears
- Make sure you always work as a team
- It is good to embrace your inner self
- How to be an active listener
- The importance of networking
- Conquering your fears
- To face my fears
- How to express my inner self and things people don't know about me, and how to listen to people when they tell me things
- I learned a lot about myself and am more confident with myself because I know I am not going through things alone and I feel very lucky to have all that I have
- How to conquer my fear of heights
- To know more people
- How to become a better leader (2)
- Never give up (2)
- Improve thinking skills
- Words hurt
- Everyone deals with pain
- Support is always needed
- Step up or step down (2)
- Encouragement





- Strength
- Climbing
- How to bond
- How to be close without being weird
- Your life can be in someone else's hand
- Better strategizing
- Courage
- Out of "box"
- To accept
- I'm not sure, I suppose acceptance
- Express myself "emotionally"
- How to get in touch with myself
- Getting dirty can be fun
- Not completing a task is good as long as you complete your goal
- The ropes course
- That people have the same stories as me
- Everybody goes through things
- To trust people we have just met
- To take risks
- Team is powerful!
- Youth can be stronger than adults
- Better supporters than adults
- Youth in trouble/living a hard life are the one leading
- Participation is an important aspect while working as a team
- It is important to lose fear when working with other people
- How to do a ropes course challenge under awesome supervision
- How to open up a bit more to people
- How to Cat Daddy!
- Absorb

**HEART: What do you feel most proud of as an SYLP camp participant?**

- Encouraged others to achieve what they didn't think they could – created safe zone
- Finishing the Charlie Chaplin course challenge with my partner
- Picking myself up even after I failed one of the challenges
- Opening up to strangers. I don't do that to anyone.
- I feel proud of myself because I'm living things I had never lived before. I feel confidence with myself and others
- Youth coming out of their shell
- Strong leaders
- Opening my heart to love others
- That I got my pain out
- That I met new friends
- That I spent this time with all of the people here
- That I came out of my comfort zone
- I learned how to be more of a leader than a follower

- Family
- Trust
- Communication (2)
- The accomplishments
- Being a team player
- Getting over fears
- Opening up (2)
- Having people of my YAT feel inspired
- All the team work
- Having people tell me about life
- I cried in front of people
- I trusted some people
- I love friends
- I performed
- A trust with everyone
- Having a lot of fun when time for it
- I went 30 feet in the air on a line
- I shared my story
- I helped someone with a situation
- Getting along with people
- Growing closer to my peers
- Leadership
- Self-realizations
- By encouraging others
- Relating with others
- Trusting others
- Fearless, not quitting and helping
- I opened up about pain
- I conquered my fears
- I have met new people
- Being transparent with strangers
- Being able to be supportive to others
- Being able to show emotion and share personal info
- Sharing my stories in the whole group
- Got to the top of the tower
- Having fun
- I stepped completely out of my comfort zone both physically in the ropes course and mentally & emotionally
- That I faced my fears of heights
- I showed my inside feelings
- I gave support to other people
- Giving ideas strategically to my team
- Reaching my goals during the ropes course
- For stepping out of my comfort zone
- That I have others that care





- I have people who won't judge
- I have people that believe in me
- I felt proud that I climbed the tower
- Building many relationships
- Solidarity
- Support
- Inspired
- That I am here representing the Greenhouse and learning some great leadership skills
- I get to meet new people and have great relationships with them
- I get to learn new things about myself and others, most important leadership skills
- I feel like I got more energy
- I faced my fears
- That everyone gets to work as a team
- I get to meet people that want to become leaders
- I have overcome my fears
- I made new friends
- I am participating
- See how people new skills and what they are capable of
- Caring and support created between students

**FEET: Describe how you might better support others in your community from what you learned today.**

- Work to get mentors and resources to all students
- Have empathy with others. Everybody has different challenges and everybody is going through something but still are strong
- I will encourage others to overcome their fears
- Encourage people in my community to come out of the comfort zone
- Trust people and to encourage you
- I will have more communications with everyone in my community
- I have learned that sometimes people keep things deep inside them, so don't ever judge a book by its cover
- First tackle problems so that everyone can move forward
- I would be having the ability to communicate
- To always learn
- That I am able to heal others and help others
- I will be open to hear the stories of others. I will also encourage and support people in my community
- I will try to listen and help people who are hurt and crying inside
- I know everyone well so I am now able to support everyone and bond more with them
- Step up step back
- Offer my ears and support to youth that demonstrate they are facing an issue. It may be more than what is displayed on the surface
- I will help by lending a hand to people who need one instead of turning y head/back.
- I will help by being a leader and just helping
- By encouraging people in my community by starting to let everyone be heard



- From yesterday's workshop, I can do better at showing empathy to my peers
- I know how to support people emotionally now
- Start talking to people more
- A better understanding
- I can be an active listener
- Listen to their problems
- To speak up, be less quiet
- Just help them out and help out their leadership skills
- I would help others by helping them get over their fears and that a task can be good even if you don't finish
- I'll be able to stop a bad situation
- To encourage them, be a better person to everyone
- To tell people they can do something if they set their mind to it
- Let them know they are not alone
- Providing more opportunities for our young leaders to make a difference and lead others when we get home. We need to create a network of empowered young people.
- Listen and encourage all people around me
- Getting involved in projects that will benefit my community
- Socialize with more people
- Believe in my teammates and trust them to do equal tasks. Don't put it all on myself. Just trust people and know that there's always a past to their present, a past that is masked because of their insecurities, but with enough time and support they can open up. Give them a chance.
- Ensure safe zone for all to feel safe to participate

